



SUMMER KIT

ABBASDWELLING.COM

Welcome to ABBA's Dwelling SUMMER KIT!

In the past ten months, we have consistently published new posts on the blog every week, delivering edifying content to our wonderful audience, and we consider it a great privilege.

However, the blog will be on a temporary break from the 18th of July to the 28th of August, 2022. We intend to use this period to revisit the God-given mandate for the blog in order to figure out ways to serve you better.

But we have good news!  We're not leaving you without something to keep you engaged while we're away.

ABBA's Dwelling Summer Kit consists of activities designed to help you grow in your walk with God and fellowship with Him. We have also included materials for skill acquisition and gaining more knowledge to make for a productive summer holiday.

The package includes a daily Bible reading plan, career and mentorship programs, script and content writing, hobbies, physical fitness activities, food recipes and movies recommendation.

Dive in! You're sure to enjoy it!

DISCLAIMER

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It is not to be edited or reprinted without permission.
It can be shared though.

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- ✓ Bible Plan
- ✓ Personal development
- ✓ Movies
- ✓ Books
- ✓ Sermons



BIBLE PLAN

6 WEEKS (42 DAYS)

THE GOSPELS

Matthew, Mark, Luke and John (89 chapters)

Week 1

2 chapters a day (Matthew 1 - 14)

Week 2

2 chapters a day (Matthew 15 - 28)

Week 3

2 chapters for 5 days and 3 chapters for 2 days (Mark 1 - 16)

Week 4

2 chapters a day (Luke 1 - 14)

Week 5

2 chapters a day (Luke 15 - John 4)

Week 6

2 chapters a day for 4 days and 3 chapters a day for 3 days

BREAKDOWN

Week 1

Day 1 (19th July)
Matthew 1-2

Day 2 (20th July)
Matthew 3-4

Day 3 (21st July)
Matthew 5-6

Day 4 (22nd July)
Matthew 7-8

Day 5 (23rd July)
Matthew 9-10

Day 6 (24th July)
Matthew 11-12

Day 7 (25th July)
Matthew 13-14

Week 2

Day 8 (26th July)
Matthew 15-16

Day 9 (27th July)
Matthew 17-18

Day 10 (28th July)
Matthew 19-20

Day 11 (29th July)
Matthew 21-22

Day 12 (30th July)
Matthew 23-24

Day 13 (31st July)
Matthew 25-26

Day 14 (1st August)
Matthew 27-28

BREAKDOWN

Week 3

Day 15 (2nd August)
Mark 1-2

Day 16 (3rd August)
Mark 2-4

Day 17 (4th August)
Mark 5-6

Day 18 (5th August)
Mark 7-8

Day 19 (6th August)
Mark 9-10

Day 20 (7th August)
Mark 11-13

Day 21 (8th August)
Mark 14-16

Week 4

Day 22 (9th August)
Luke 1-2

Day 23 (10th August)
Luke 2-4

Day 24 (11th August)
Luke 5-6

Day 25 (12th August)
Luke 7-8

Day 26 (13th August)
Luke 9-10

Day 27 (14th August)
Luke 11-12

Day 28 (15th August)
Luke 13-14

BREAKDOWN

Week 5

Day 29 (16th August)
Luke 15-16

Day 30 (17th August)
Luke 17-18

Day 31 (18th August)
Luke 19-20

Day 32 (19th August)
Luke 21-22

Day 33 (20th August)
Luke 23-24

Day 34 (21st August)
John 1-2

Day 35 (22nd August)
John 3-4

Week 6

Day 36 (23rd August)
John 5-6

Day 37 (24th August)
John 7-8

Day 38 (25th August)
John 9-10

Day 39 (26th August)
John 11-12

Day 40 (27th August)
John 13-15

Day 41 (28th August)
John 16-18

Day 42 (29th August)
John 19-21

PERSONAL DEVELOPMENT

* Career

* Skills

* Hobbies

* Physical Fitness

Click the icons to access the materials.

Career

WRITING A MOTIVATION/COVER LETTER
FOR UNIVERSITIES AND INTERNSHIPS



WRITING CVS



MENTORSHIP PROGRAMMES



Guidetryb

IMPORTANT MATERIALS

Skills

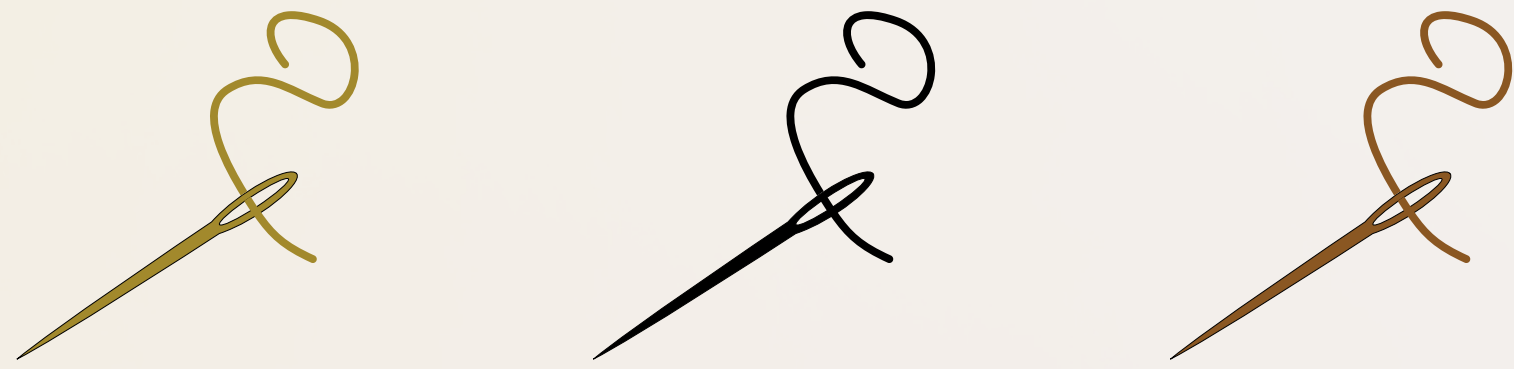
Acquire skills and gain certifications for free in Programming, Product Design, Data Analytics, Digital Marketing, Quality Assurance, Graphic Design, Video Animation, WordPress, Cloud Computing and so much more.

APPLY NOW

SCRIPT AND CONTENT WRITING



SEWING



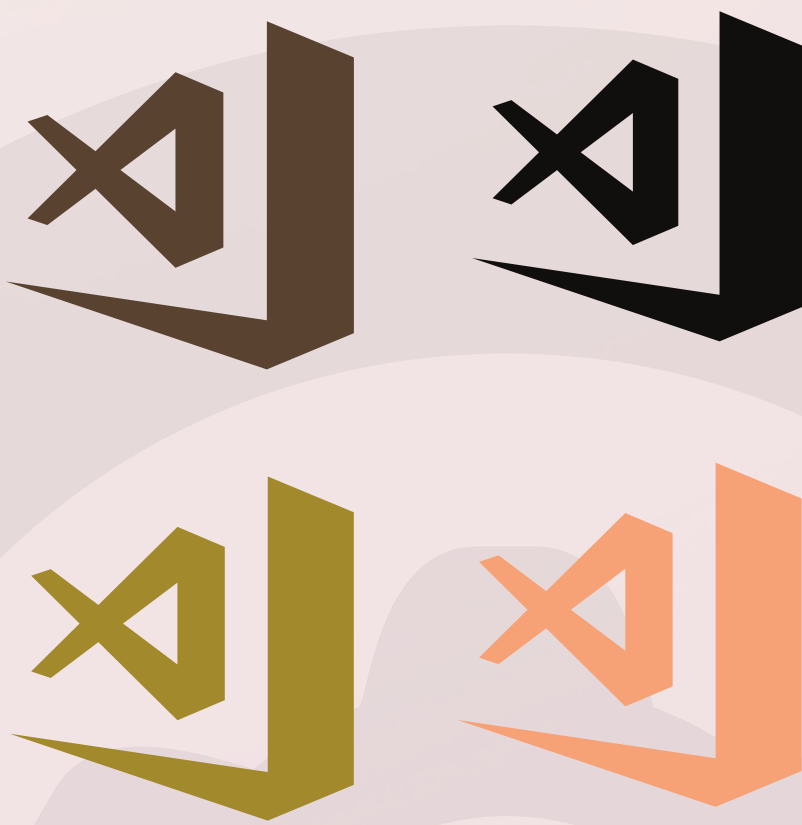
INTRO TO UI/UX DESIGN



CERTIFIED COURSERA COURSES




INTRO TO PROGRAMMING



Hobbies

 How to master any instrument you want

 2-7days to learning piano

Guitar in 10 days

1

6

2

7

3

8

4

9

5

10

FOOD AND RECIPES



Egwusi soup



Efo riro soup



Peanut butter soup



Moi-moi



Chicken



Meatballs



Coconut rice



Meat pie



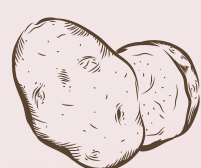
Apple pie



lasagna



Potatoe recipes:



20 African cusines and Recipes



45 African cusines and recipes

Physical fitness

GYM REGIMES



10 mins full body workout



10 mins Abs body workout for ladies



10 mins Abs body workout for men



15 mins cardio

GYM TRACKING APPS

iPhone users



Android users

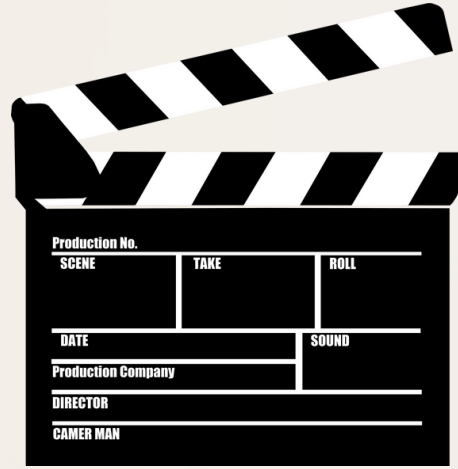


Workout app fitness online



Home Workout - No Equipment

MOVIES



WARROOM

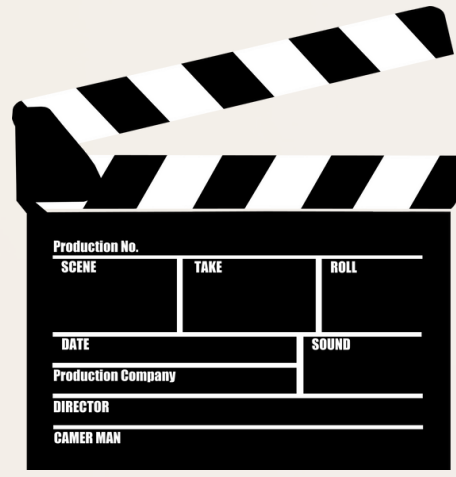
The power of God through prayer to save someone, restore relationships and build people.



THE ULTIMATE GIFT

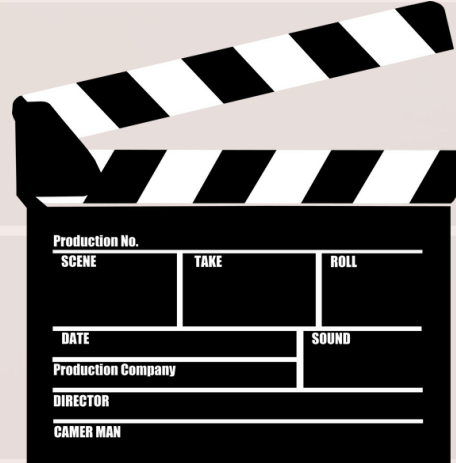
Jason Stevens (Drew Fuller) lives a life of wealth and privilege. When his grandfather (James Garner) dies, Jason expects to receive a hefty inheritance. Instead, however, Jason must set out on a journey of self-discovery to earn the true gift his grandfather meant for him to have. Along the way, Jason befriends a dying girl (Abigail Breslin) and her mother (Ali Hillis) and learns what is really important in life.

MOVIES



ABATTOIR

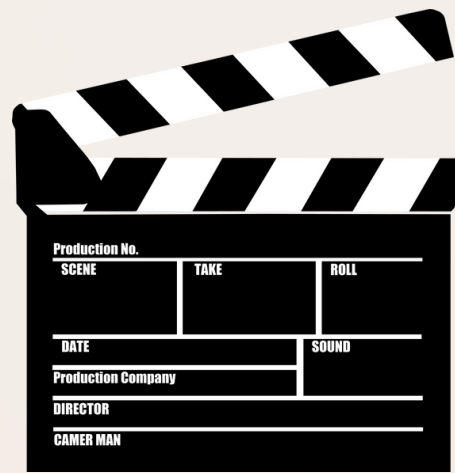
Abattoir is a series about salvation, restoration, forgiveness, confidence in God's word, evangelism and the fight for destiny and of faith.



COURAGEOUS

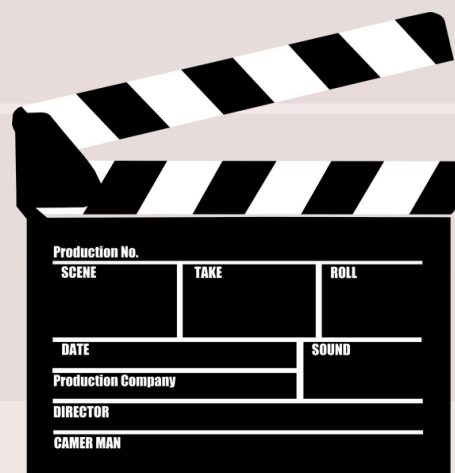
Four law enforcement officers find it hard to achieve a work-life balance. However, they try their best to fight crime while looking after their children and wives. It is a story about how they took charge as the priest in their home while maintaining integrity at their secular job.

MOVIES



GAMES

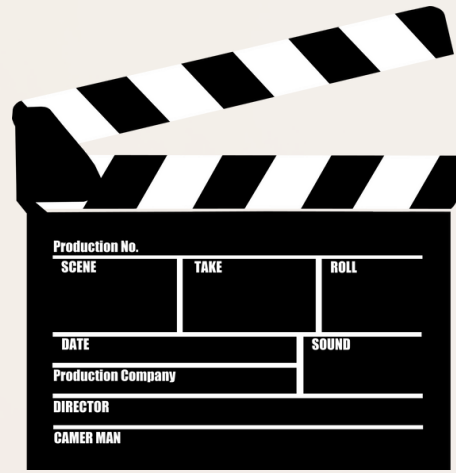
Games deals with real-time issues youth of today struggle with. This is another series on salvation, restoration, the new creation life, family, friendships, relationships and evangelism.



HAUNTED

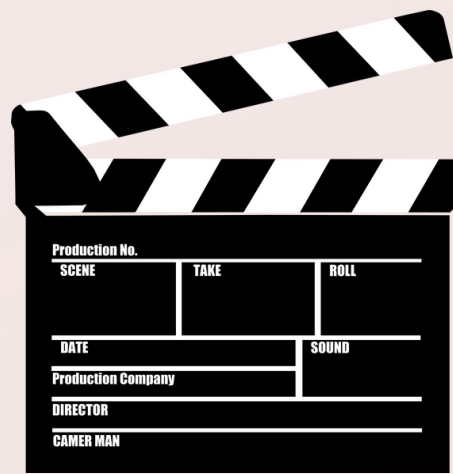
We see the Lord vindicating and restoring even though the gravity of what one has done is too much for humans to overlook and forgive. We also see the unquestionable love of God expressed in human form

MOVIES



HEAVEN IS FOR REAL

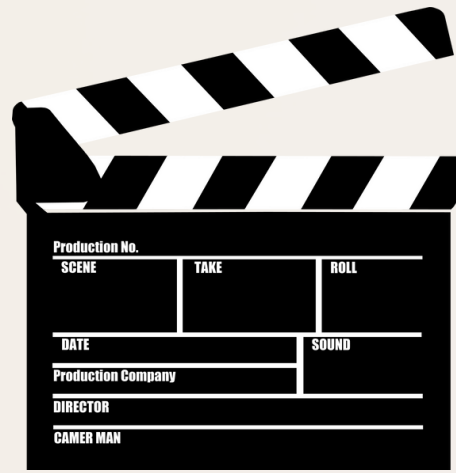
After surviving a near-death experience, a young boy claims that he has visited heaven and vividly describes it. However, his parents are faced with interpreting the meaning of his experience. It is a story of faith, hope and the promise of God's love at the end of our journey here on earth.



CHINA CRY

Based on Nora Lam's (Julia Nickson-Soul) book about her persecution as a Christian in 1950s China, and her escape with her husband (Russell Wong).

MOVIES



FAITH LIKE POTATOES

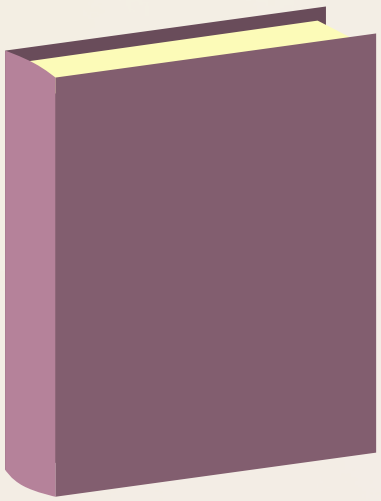
A farmer moves his family to South Africa and suffers a series of seemingly insurmountable losses. Through unlikely friendships and much needed divine intervention, he discovers his life's true purpose and it sustains his unwavering belief in the power of faith.



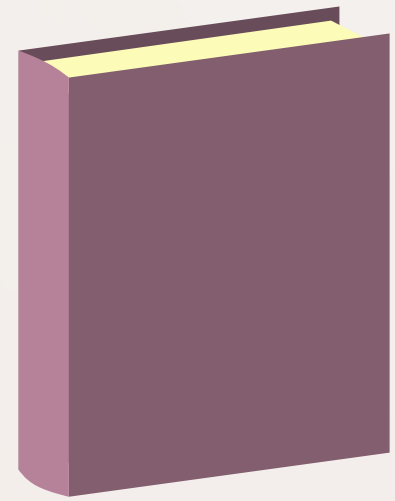
THE ENCOUNTER

Five strangers are marooned in a deserted roadside diner and encounter a man who knows all of their secrets and can fix all of their problems if they trust in him.

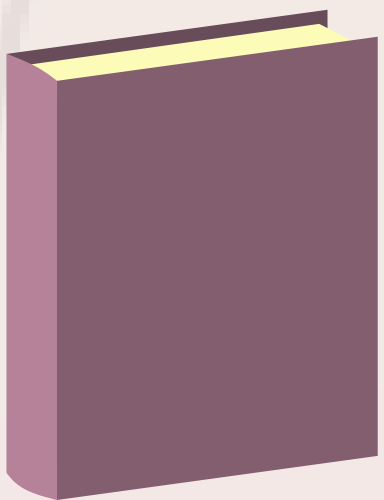
BOOKS



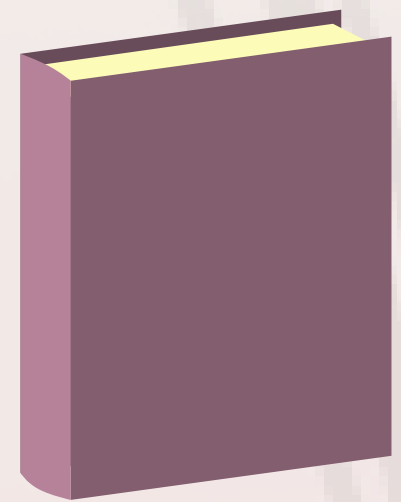
Faith



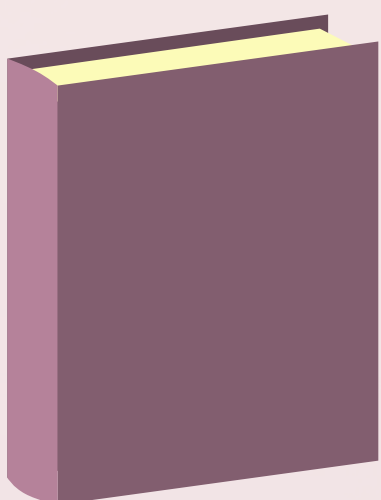
Wisdom



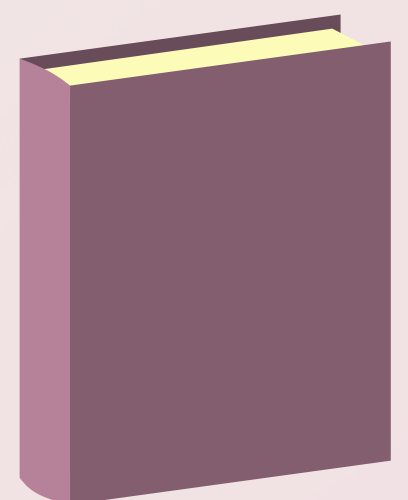
Finances



New Creation

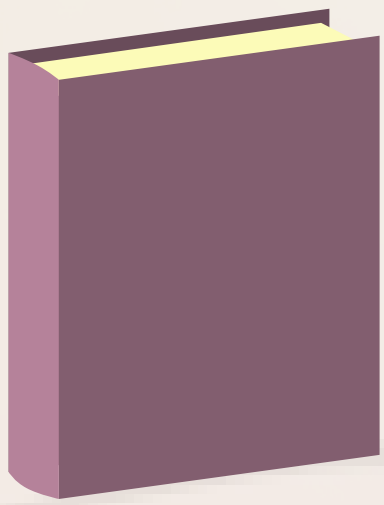


The Anointing

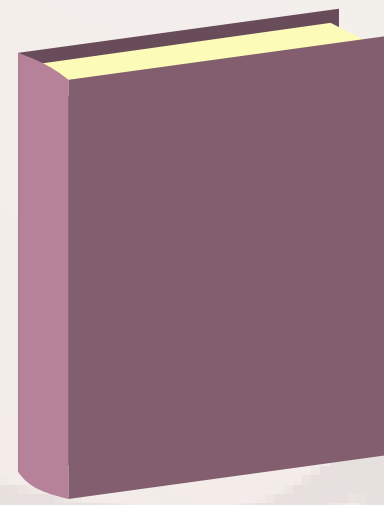


Prayer

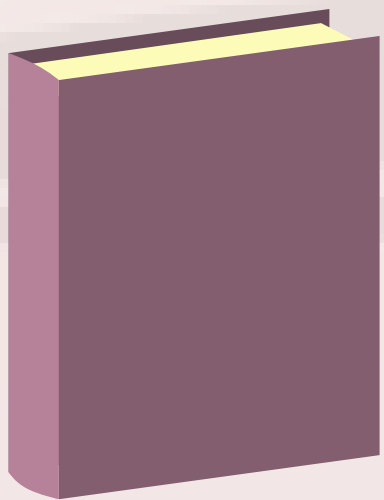
BOOKS



Purpose & Self
Development



Dating, Relationship
& Marriage



The Person of the
Holy Spirit

SERMONS

SPIRITUAL WARFARE

- a. Spiritual Warfare- Series - Gbile Akanni - <https://rb.gy/x56d90>
- b. The Altar of Prayer- Joshua Selman - <https://youtu.be/oOjqV8KOWLI>.
- c. Your prayers lead to your revival- Priscilla Shirer - <https://youtu.be/Vv6QUAaI2x4>

DESTINY

- a. Recreated for a purpose- Gbile Akanni - <https://rb.gy/slykio>
- b. Understanding the purpose of your life- Myles Munroe - <https://youtu.be/gTgcGlnKikk>.
- c. How to discover God's purpose for your life. - Myles Munroe - <https://youtu.be/gWFzbQGsswg>

NEW CREATION

- a. The new creation series - Gbile Akanni - <https://rb.gy/2x6flj>.

SERMONS

MARRIAGE

- a. Why marriage is so important - Mildred Kingsley-Okonkwo - <https://youtu.be/4C7zbQuVQIE>.
- b. What It takes to make a relationship work - Kingsley Okonkwo - <https://youtu.be/AfOb4hwluWM>

FAITH

- a. 7 keys to produce strong faith in you - Joshua Selman- <https://youtu.be/qW4JGTKmoel>.
- b. Faith Series Part 1 - Kenneth Hagin - <https://youtu.be/Qhs8glGoSQM>.

THE HOLY SPIRIT

- a. Understanding the Holy Spirit - Joshua Selman - <https://youtu.be/BGX38o9kXEU>.
- b. Who is the Holy Spirit?- Benny Hinn - <https://youtu.be/TQiNqxxUjqO>.
- c. The Holy Spirit in the body of Christ - Gbile Akanni - <https://rb.gy/pdqifs>

As goal-oriented people;
To achieve this, you might need to be
accountable to someone.

Be strategic and intentional too! With
God on your side, you can achieve all
that you have set to in this summer
season.

Please do well to engage yourself in
this!

God bless you!!!